

PALMETTO SWING DANCE ASSOCIATION

@PALMETTOSWING



PALMETTOSWING.ORG



PALMETTOSWING@GMAIL.COM

UPCOMING EVENTS

2
MON

SWING DANCE @ HEYWARD ST. UMC

2501 Heyward St,
Columbia, SC 29205

7-8PM LESSONS

8-10:30PM SOCIAL DANCING

16
MON

SWING DANCE @ HEYWARD ST. UMC

2501 Heyward St,
Columbia, SC 29205

7-8PM LESSONS

8-10:30PM SOCIAL DANCING

24
TUES

BLUES @ THE HOOT

2910 Rosewood Dr,
Columbia, SC 29205

8-8:30PM BEGINNER LESSON

8:30-11PM SOCIAL DANCING

30
MON

SWING DANCE @ HEYWARD ST. UMC

2501 Heyward St,
Columbia, SC 29205

7-8PM LESSONS

8-10:30PM SOCIAL DANCING

BLUES @ THE HOOT

Now every 4th Tuesday
of the month!

2026 PRICING

DANCE ADMISSION:

\$10 General | \$6 Members

ANNUAL MEMBERSHIP: \$40

Pays for itself in just 10 dances!

FEATURED

INTERMEDIATE LESSON SERIES: COLLEGIATE SHAG



After teaching the Collegiate Shag workshop in December 2025, we're thrilled to welcome back Miles B. & Hannah B. this month for a three-part Collegiate Shag lesson series. They'll cover classic fundamentals, essential turns, and playful variations designed to build confidence and get you comfortable on the dance floor. Fast, fun, and full of bounce, this is a slow-slow-quick-quick swing dance you'll love!



MEET YOUR TEACHERS

Hannah (a Columbia native, born & raised) discovered swing dancing with Palmetto Swing Dance Association in 2023 and never looked back. Since then, she's been all in; traveling to events, learning new styles, and teaching locally. She dances Lindy Hop, Charleston, Balboa, Carolina Shag, and Collegiate Shag, but Collegiate Shag has truly stolen her heart, and she's so excited to share it with you!

Miles is a space scientist by day and a vintage jazz dancer by night. With nearly ten years of dance experience, he specializes in Lindy Hop, Collegiate Shag, solo jazz, and tap. He's known for his joyful, playful style and an intuitive, student-centered teaching approach.

Together, they've competed (and won!) across a wide range of styles and tempos, from awkwardly slow to insanely fast. *Any style. Any tempo. Any time.*





WHAT IS COLLEGIATE SHAG?

by Hannah Bingler

Collegiate Shag is a fun and energetic partnered swing dance that grew from the 1920s–30s jazz culture alongside Lindy Hop and Charleston. It is danced to faster tempos and is quite distinctive with its double-rhythm that consists of a “slow-slow-quick-quick” pattern. It’s an absolute joy to dance, full of distinctive shapes, playful footwork, and energetic bounce. Known for being both fun and fast, Collegiate Shag lets you enjoy higher-tempo songs without wearing yourself out.

Although the early history of the Collegiate Shag is somewhat unclear, the dance most likely originated in the South (Carolinas), where it was often called the “Flea Hop.” It likely developed from the early foxtrot, a dance popular among college students at the time. Dancers would often “liven it up,” by adding energetic kicks and turns, resulting in the Collegiate Shag we know today.

There is also evidence that shows it was already being danced in the early 1920s, suggesting it may even predate the Lindy Hop, although they grew alongside each other.

“The term Collegiate was simply a descriptive term used to explain who, or the way a dance was done. For instance Collegiate Waltz, or Collegiate Fox Trot, simply put, this was the way the college kids did the dance. Not tied to any ballroom or studio standard or structure, but rather to whatever they felt was the way.”

This could be considered a rebellious type of dance, but not so much in that they just had their own way which was, or could have been, the trendy or cool way to do it...”
 – Peter Loggins (Swing Dance Historian)

Video References:

- [Collegiate Shag 1937 Dance Scene](#)
- [Very Rare Collegiate Shag 1937](#)
- [Arthur Murray's Collegiate Shag \(1937\)](#)

DJ CORNER

by Andrew Copeland

To bring back DJ corner, we are going to talk about one of my all time favorite songs, “[Cheek to Cheek](#)” as sung by Louis Armstrong and Ella Fitzgerald.

This song is on the slow side for Lindy, at 122 BPM, but Louis and Ella’s energy and chemistry cannot be denied and this song will bring dancers of all levels to the floor.

At 5:57 this song is longer than is usually played for dance, but this can either be adjusted by setting it to start when Ella Comes in (at the 2:25 mark), or you can simply let the music play. This one is a banger from start to finish and there is nothing wrong with taking the proper time to appreciate it.



WE WANT TO HEAR FROM YOU!
 Have ideas, feedback, or concerns we should know about?

SCAN ME



NO LOGIN REQUIRED

FREE ENTRY = YES PLEASE!

Our dances don’t run themselves, they happen because of amazing volunteers like YOU! And the best part? You get in for free!

**P.S. You can still join the lesson or hit the dance floor while volunteering!*

WAYS TO VOLUNTEER

- DESK
- DJING (PAID)
- SETUP/BREAKDOWN
- TEACHING (PAID)

Whether you can only volunteer occasionally or jump in often, every bit makes a difference!

INTERESTED?

Chat with us at dance or online, or sign-up to join our volunteer email list [HERE!](#)

SWING IN THE PARK

SUNDAYS AT 4 PM

Spend your Sunday afternoon dancing with friends at Finlay Park! We meet near the stage every Sunday at 4 PM, weather permitting.

LOOKING FOR MORE SWING?

WE LOVE DANCING WITH OUR FRIENDS NEAR AND FAR - CHECK OUT SWING DANCING IN OUR NEIGHBORING COMMUNITIES!

✦ [HOLY CITY SWING](#)

Charleston, SC – FRIDAYS

✦ [GOTTASWING CHARLOTTE](#)

Charlotte, NC – FRIDAYS

✦ [CAROLINA SWING DANCE](#)

Greenville, SC – FIRST SATURDAYS

✦ [FLORENCE SWING DANCE CLUB](#)

Florence, SC – SATURDAYS

✦ [SWING ASHEVILLE](#)

Asheville, NC – MONDAYS

✦ [HOT JAM](#)

Atlanta, GA – MONDAYS

